

Personal Injury Report: Mary Angel
Date of Report: October 10, 2017
Age: 64
Sex: Female
Weight: 185
Height: 5' 10"

Causation of Injury:

Mary Angel was rear-ended in a MVA on Feb. 1, 2017. It is my professional opinion the injuries below were caused by this accident.

Pre-Existing Medical Issues:

- Slip and fall: fractured femur – resolved 1995
- Insulin Dependent Diabetic – under care, diagnosed and treated since 1997
- Car accident – resolved, 2013 – minor low back pain

Presenting Complaints: (Detail frequency: occasional, intermediate, constant)

- Neck pain 7/10 – Constant
- Right shoulder pain 6/10 – Occasional
- Right elbow pain 7/10 – Constant
- Low back pain 4/10 – Intermediate
- Right knee pain 8/10 – Constant

Diagnosis:

M50.11	Cervical Disc Disorder with radiculopathy
S43.81XA	Sprain of right shoulder girdle
S53.441A	Right elbow sprain
M51.16	Disc Disorder with Radiculopathy, lumbar region
M25.561	Right knee pain
G44.319	Chronic Post Traumatic headache (+/- 3 mo. duration)
E08	Diabetic Mellitus (complicating factor to the recovery)
G89.11	Acute pain due to trauma

Additional Medical Providers:

- LAFD Ambulance
- Hollywood Presbyterian ER
- Manny Bonecutter, MD – orthopedist
- Tony Brainard, MS – neurologist
- MRI Imaging

Disabilities of Patient:

A. Loss of Earnings

- Mary Angel was unable to work from Sept. 1 to Sept. 15 due to the accident. See attachment.

B. Activities of Daily Living

- Dropped out of weekly Yoga class for 3 months
- Unable to pick up children from school for 2 months
- Canceled a vacation with family – Sept. 20 to 25

Activity	Time unable to perform activity	Degree of disability
Yoga/exercise	3 months: Feb. 1 – May 1	7/10
Driving: Unable to pick up children from school	2 months: Feb. 1 – April 1	6/10
Vacation: Cancelled family trip	March 20 to 25, 2017	6/10

Prognosis:

S13.0XXA Traumatic rupture of cervical disc
Unstable. Mary is referred to Dr. Bonecutter and a pain management physician. To avoid surgical intervention, injections will be considered first. If there is not significant release, Bonecutter will consider a micro-discectomy or a fusion if necessary. See Bonecutter’s report attached.

S43.81XA Sprain of right shoulder girdle - *80% will require monthly chiropractic visits 12 months*

S53.441A Right elbow sprain - *Resolved*

M48.36 Traumatic spondylopathy, lumbar region
80% resolved. Patient is likely to suffer flare ups given her lumbar instability. Her MRI indicated several disc protrusions, however surgery is not anticipated in the near future. Mary Angel is

expected to seek ongoing chiropractic care at least 2 times a month for the next 12 months. She will continue her low back home exercises.

M25.561 Right knee pain

60% pre-accident status. The knee is sore to the touch and patient has difficulty walking long distances. Dr. Bonecutter does not anticipate arthroscopic surgery at this time. Patient will continue home strengthen exercises. Mary Angel will consult with Dr. Bonecutter in 6 months. See orthopedic report attached.

G44.329 Chronic Post Traumatic headache

Dr. Brainard will continue to care for patient – patient under medication with regularly quarterly appointments in the future. Please see his report attached.

EO8 Diabetic Mellitus

Under management by Dr. Ben Carson MD.

G89.11 Acute pain due to trauma

JANE SMITH, DC